As at 17 Feb 2011 ITF RTC Fitness Testing 2011 Lautoka, Fiji Islands

Players Name	Age	Height (cm)	Weight (kg)	20 M Sprint									505 Agility (Left)		505 Agility (Right)		
				5 M			10 M			20 M			Test 1	Test 2	Test 1	Test 2	
Amanda Korinihona	17	1.60	53.40		0.96	1.08	2.17	2.00	1.80	3.55	3.09	3.30	2.64	2.63	2.64	2.60	
Lorish Puluspene	14	1.61	58.00	1.20	1.21	1.17		2.10	2.23	3.77	3.67	3.90	3.67	2.79	3.08	2.90	
Lorraine Bainimataku	15	1.59	52.70	1.12	1.24	1.47	1.94	2.09	2.25	3.78	3.63	4.03	3.28	2.89	3.20	3.02	
Tito Bira	15	1.64	53.80	0.87	1.26	1.01	1.99	2.31	2.02	3.48	3.68	3.60	2.84	2.84	3.02	2.57	
Terry Lee Rush Jnr	13	1.57	40.10	1.21	1.23	1.24	2.19	2.32	2.12	3.74	3.66	3.59	2.81	2.95	2.78	2.69	
Diva Reddy	18	1.80	68.50	0.99	1.20	0.92	1.80	1.77	1.92	3.13	2.90	3.15	2.71	2.51	2.54	2.58	
Tony O'Connell	17	1.80		0.97	1.09	0.83	1.85	1.91	1.92	3.30	3.21	3.10	2.48	2.67	2.55	2.52	
Annie Shannon	14	1.80	60.10	1.56	1.75	1.64	2.06	2.26	2.11	3.93	3.98	3.53	3.23	2.85	3.12	2.73	
Marcia Tere Apisah	15	1.78	62.00	1.18	1.21	1.17	2.50	1.94	1.95	3.61	3.61	3.38	3.01	2.93	3.00	2.78	
Chris Hargrove	16	1.61		1.51	1.25	1.32	1.96	1.74	1.96	3.23	3.10	2.98	2.59	2.74	2.46	2.63	
Luke Paeni	17	1.76	59.50	1.14	0.86	0.84	2.01	1.75	1.68	3.23	3.17	3.02	2.71	2.71	2.43	2.51	
Tarani Kamoe	15	1.78	59.40	1.52	1.50	1.41	2.01	2.03	2.16	3.77	3.60	3.55	3.06	3.05	2.97	3.02	

	Vertical Jump (2 Feet)	Vetical Jump (Left foot only)	Vetical Jump (Right foot only)	Beep Test	Repeated Sprint ability Test										Total Time	% Decrease over time
					1	2	3	4	5	6	7	8	9	10		
Amanda Korinihona	2.43	2.29	2.22	4.7	3.18	3.53	3.48	3.54	3.42	3.73	3.77	4.07	3.61	3.62	35.95	-52.51
Lorish Puluspene	2.34	2.26	2.21	6.3	3.61	3.82	4.01	4.14	3.96	3.65	3.79	4.24	4.06	3.97	39.25	-52.72
Lorraine Bainimataku	2.37	2.25	2.24	6.5	3.71	3.89	3.65	3.81	3.90	3.97	3.96	3.90	4.02	3.99	38.80	-55.27
Tito Bira	2.41	2.30	2.32	9.6	3.45	3.57	3.53	3.66	3.58	3.56	3.99	3.75	3.97	3.63	36.69	-57.34
Terry Lee Rush Jnr	2.28	2.18	2.19	8.6	3.73	3.93	3.56	4.06	3.78	3.79	4.01	3.80	4.17	3.65	38.48	-54.04
Diva Reddy	2.65	2.44	2.40		3.57	3.33	3.26	3.22	3.35	3.45	3.53	3.58	4.07	3.31	34.67	-58.21
Tony O'Connell		2.49	2.47	10.0	3.57	3.64	3.47	3.78	3.90	3.57	3.52	3.56	3.70	3.43	36.14	-58.77
Tarani Kamoe		2.35	2.37	8.1	3.28	3.53	3.71	3.83	3.94	4.04	3.50	3.59	4.00	3.91	37.33	-50.53
Annie Shannon	2.51	2.40	2.43	6.3	3.71	4.02	4.40	4.05	4.12	4.01	4.35	4.16	4.12	3.90	40.84	-50.00
Marcia Tere Apisah	2.58	2.41	2.44	6.1	3.46	4.09	3.71	3.63	3.71	3.94	3.83	3.65	3.71	3.44	37.17	-55.92
Chris Hargrove	2.56	2.41	2.50	11.6	2.96	3.33	3.41	3.34	3.18	3.17	3.23	3.11	3.29	3.12	32.14	-59.96
Luke Paeni	2.70	2.39	2.48	13.3	2.98	2.75	2.82	2.93	2.90	2.63	2.58	2.57	2.73	2.71	27.60	-65.52